



DAZZLING LIKE CLEOPATRA

A BARRAGE OF SUMMER PARTIES WILL SOON BE HITTING THE ISLAND, SO YOU’LL NEED TO START REVITALIZING YOUR LOOK IN PREPARATION...

Located on Sunset Road, Cocoon Medical Spa is designed with a sleek interior that will instantly make you feel welcome when you arrive. Just as you walk into the lobby area, you can already

feel that you are in for A-class treatment. As with many other spas on the island, my experience here began with a welcome drink. But Cocoon Medical Spa is no ordinary beauty haven, as it provides professional dermatologists that



examine your skin and suggest which treatment is best for you, using their top-notch technology.

SHINE LIKE A DIAMOND

The most unique part of the Cocoon Medical Spa is that each treatment room is like a cocoon – it's almost as if you walk in as a caterpillar and walk out as a butterfly. Once I finished my drink I was taken to one of these "cocoons" where a dermatologist examined my skin thoroughly – she decided I should take the Cleopatra Gold 3 with Microdermabrasion and Dermapen, which is best to conceal the scar on my chin because of the surgery I had after an accident.

The dermatologist then explained in detail about the procedures and the precautions. The Cleopatra



Your journey starts with a consultation with a dermatologist



The lobby

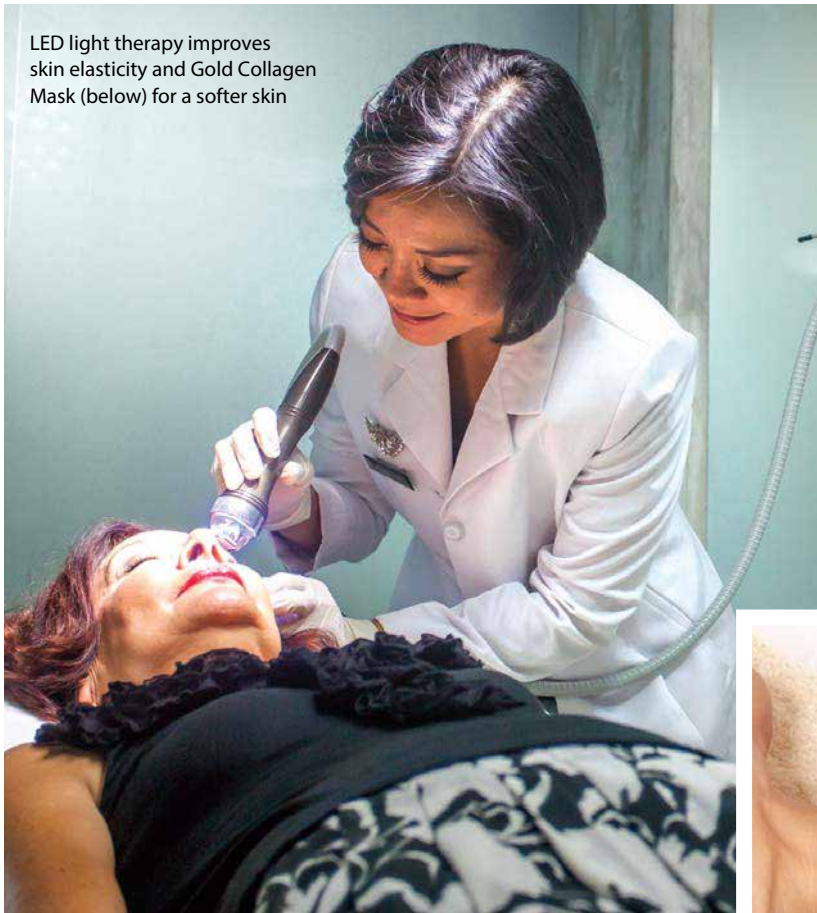
Gold 3 consists of Diamond Microdermabrasion, Dermapen Microneedling, LED Red Light Therapy, and a Gold Collagen Mask – all are non-invasive but refraining from being in direct sunlight for a couple of days after is recommended for maximum results. It doesn't seem too much to ask, knowing that this treatment will help your skin glow.

Once she was sure I understood the procedures, the Diamond Microdermabrasion started my facial journey. Using vacuum technology to whisk away dead skin and a

hand-held wand with a diamond tip to exfoliate the skin, this step renews healthy cells to make your skin as smooth as a baby's.

Moving on, the next step is the Dermapen Microneedling, an advanced micro-surgical needling that stimulates skin to naturally and safely regenerate and repair itself, and eventually creates new collagen without damaging the epidermis. Using 13 especially designed needles to achieve a 'controlled injury' to the skin without damage, this therapy will help overcome not

LED light therapy improves skin elasticity and Gold Collagen Mask (below) for a softer skin



Finally, finish with the 24 Carat Gold Collagen Moisturizer to keep your skin hydrated and moist.

You can go back to your usual routine the next day, but please give your skin some rest for a couple of days – this includes avoiding direct sunlight and alcohol-based toners. Don't forget to ask Cocoon Medical Spa about the aftercare. Following the aftercare guidelines – and continuing the treatment on your next visit – is highly recommended so that

just scars but also wrinkles, leading to brighter, healthier, and younger-looking skin.

The last stage is the LED Light Therapy, which is my favorite. Our skin has the ability to absorb and use light as energy for healing, so the LED Light Therapy helps skin cells produce more collagen and heal faster. This therapy also improves skin elasticity; increasing blood circulation and oxygen flow while releasing toxins, which, of course, aid in the anti-ageing process.

TOUCH OF GOLD

After the LED Light Therapy your

facial journey at Cocoon Medical Spa is done, but it doesn't mean that the whole treatment is over. There are some steps you should do back at home to make sure you get the best results.

Before you go to sleep, apply the Gold Collagen Mask for 20 minutes to boost your collagen production. It is also highly effective for soothing and hydrating your skin, as well as making it softer. Then, apply the 24 Carat Hyaluronic Acid Gold Serum that consists of an ancient gold formula to help rejuvenate skin cells and reduce fine lines and wrinkles.



the therapy won't be in vain.

Cocoon Medical Spa welcomes you from Monday through Saturday from 10 a.m. to 7 p.m. and is now also on Monkey Forest Road in Ubud with opening hours from 10 a.m. to 5 p.m. but only on Monday, Wednesday, and Friday. ■

By Risty Nurraisa

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