

What's Happening



Parisian Poise

French luxury fragrance house **diptyque** has extended and renovated its IFC mall boutique to bring the warmth and elegance of its original boutique at 34 Boulevard Saint Germain in Paris to Hong Kong. Adorned with brass and warm wood accents as well as a trunk-like wall made from 400 candles, the new store is a space of sophistication that reflects the brand's ethos. One of the new features is the olfactory discovery ritual, which showcases diptyque's eaux de toilette and eaux de parfum collections. The shop also offers free personalised advice to regular customers and those who are keen on exploring new territories in the fragrance world. www.diptyqueparis.com

Nail It

One of Hong Kong's most recognised nail spas, **The Nail Library** has partnered with **The Upper House** to provide hotel guests with pampering in-house treatments in the comfort of their own rooms. In addition to a range of basic nail treatments, the menu features soft gel, shellac manicure and pedicure, as well as hand and foot spa treatments. Guests can choose from a large selection of colours by high-quality brands such as Kure Bazaar. These indulgent services are available every day from 10am to 10pm. www.upperhouse.com; www.thenaillibrary.com



Fitness Boost

After the successful launch of its first international studio in Dubai, **Physique 57** is opening another barre studio in Bangkok this January. The new studio is located at the Erawan Building on Ploenchit Road, offering the company's dynamic, challenging and empowering workout to clients who aim to boost their personal wellness and achieve rapid results. Originated in New York City, this innovative workout method has garnered a celebrity clientele, including Erin Andrews, Emmy Rossum and Chrissy Teigen. The signature full body barre-based workout combines intervals of cardio, strength training, stretching and recovery to sculpt arms, thighs, seat and abs while building and toning body muscles. www.physique57.com



Ultimate Rejuvenation

The latest winner of the 'Medi-Spa Treatment of the Year' at the AsiaSpa Awards 2014, **Cocoon Medical Spa** is launching a new package that promises the results of a surgical facelift but without the surgery, pain and downtime. This powerful treatment combines three advanced technologies: it begins with an Ultherapy using High Intensity Focused Ultrasound (HIFU) to achieve lifting and tightening by involving deeper tissues of the face, followed by Fractional RF Microneedling, which utilises insulated microneedles to simulate elastin and collagen production, and ends with an LED Light Therapy to help heal the skin and improve skin tone and clarity. www.cocoonmedicalspa.com

Dream Retreat

Just opened last year, the **Night Spa** at **Four Seasons Resort Maldives at Landaa Giraavaru** is nestled in a private jungle clearing on the island, offering unique open-air ritual experiences in a serene setting. For those seeking deep relaxation, the Spa has created its first Om Supti Ritual to help guests achieve refreshing slumber. Beginning at 10pm, the ritual opens with the Moondrop Therapy, which uses seven pure essential oil blends along the spine to restore inner harmony. The Vishuddha Facial Therapy follows to soothe the mind and stimulate the immune system, while the Inner Peace bath concludes the ritual, leaving you feeling relaxed and stress-free. www.fourseasons.com



Beachside Haven

Located on the beautiful Laem Nan Beach in Koh Samui, Thailand, **Silavadee Pool Spa Resort** is home to a tranquil sanctuary – the **Silavadee Wellness Spa**. Guests can now enjoy a range of pampering treatments performed by professional therapists, including the signature Silavadee Journey, which marries the best of Hawaiian and Ayurvedic massages and an Indian Ayurvedic warm oil scalp treatment to induce complete relaxation. If you wish to recover your skin's natural radiance, opt for the Black Sand Body Scrub Ritual with Aromatic Massage or the Hydrating Pink Kaolin Clay Body Envelopment designed to recondition dehydrated or sun-damaged skin. www.silavadeeresort.com

Happy Feet

Our feet carry us everywhere, but they rarely receive the attention and care they deserve. This is part of why international foot virtuoso Bastien Gonzalez is launching the revolutionary BGA InSoles globally this February at **The Oriental Spa** at **The Landmark Mandarin Oriental, Hong Kong**. Developed to bring comfort, reduce skin problems and prevent foot deformities, the BGA InSoles are tailor-made for each client and have a unique B-shape design that can distribute the pressure precisely on the sole. They can also be adapted for heels and sport shoes respectively – the Elegant Insoles are created for everyday comfort, whereas the Sport Insoles are designed to keep the feet in place and transform movements during sports to reduce impact shock. www.mandarinoriental.com

