

Cocoon Medical Spa

Located on a busy intersection of Sunset Road, Dewi Sri, Nakula and Imam Bonjol, this medical spa gives you the feeling of a progressive science laboratory when you cross the entrance doors. The high ceiling hangar hosts numerous separate rooms made out of tempered glass, which look like android cells on a space shuttle. Each of these rooms are dedicated to different treatments and none is more interesting than the other. The spa's medical experts are some of the most experienced and qualified aesthetic professionals and have been trained by leading Australian and British cosmetic doctors. Here you will get an international quality aesthetic experience at a price that is 50–80% less than you would pay in Europe or Australia.



Waiting and resting area overlooking the treatment pods at Cocoon Medical Spa

Cocoon offers wellness treatments that boost your health from within and make you both look and feel better for much longer. Their specialists recommend doing colonic therapy at least once every six months to detoxify your body and to then follow with the Vitamin IV infusion to boost up your immune system and increase your health.

The spa also has a special salt room for Halotherapy – a method that uses salt vapor to treat respiratory ailments and skin problems and is overall beneficial for both physical and mental health.

Salt Room is made out of blocks of imported Himalayan salt, mimicking the microclimate of a natural salt cave with a saline aerosol dispensed at a high concentration. All you have to do is relax and breathe deeply to absorb important minerals and trace elements that are necessary for a healthy functioning body.



Salt Room for Halotherapy at Cocoon Medical Spa

Rejuvenation treatments include **RF micro-needling** for skin tightening, **Diamond Microdermabrasion**, **no-needle mesotherapy**, **Dermapen**, **Platelet Rich Plasma therapy** and many more.

Platelet Rich Plasma therapy is actually one of the most popular rejuvenation treatments nowadays. Have you seen J Lo's glow? Or Kim Kardashian's supple skin? Well, both are devoted users of PRP therapy, also known as 'Vampire lift', which is the most natural filler and lifting solution there is. Why? Because it is made out of your own blood that is sampled and placed into centrifuge to separate the concentrated platelets, which are later re-injected in your face. This activates your body's own repairing and regenerating processes, resulting in a more youthful and healthy appearance of your skin.

6 **HAVE YOU SEEN J LO'S
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Some of the treatments in the spa are exclusive to Cocoon and you will not find them anywhere else in Bali. One of them is **HIFU (High Intensity Focused Ultrasound)** – a facelift without surgery that works with the deep layers of the skin, stimulating the produce of new collagen, which results in tighter and more supple skin.

Highly recommended are the **Cleopatra gold facial** packages that include microdermabrasion combined with either mesotherapy or dermapen and 24-carat-gold hyaluronic acid serum and collagen moisturiser.

And another exclusive Cocoon treatment is...vagina laser rejuvenation. You will not find this treatment on their menu or website, but trust us – they have it. It is called **Femilift**, just ask the receptionist.

Address: Jalan Sunset Road, Opposite to Sunset Star, Legian, Bali 80361, Indonesia

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Operating hours: Mon-Sat 10 am – 7 pm