



COCOON

— MEDICAL SPA —

Maldives



Next-level luxury Asian therapies High Tech Anti-aging and Wellness Technologies



Established in Bali in 2012 - and winner of best spa in Bali and Asia - our high-tech skin and wellness technologies are proven in their effectiveness for long lasting results of your health, skin and beauty goals.

Including Hydrafacials, Vitamin Infusion,
Colon Hydrotherapy to detoxify and fat burner therapy.
For your best and health ever.
Sleep, recover, destress and enjoy.

Your journey begins with a personalised consultation
to discuss your health and skin goals,
allowing our team to tailor the perfect treatment just for you.

"Best Medical
Spa Treatment
Naked Skin Package"

AsiaSpa-Awards
2015

"Best
Cosmetic Clinic
in Bali"

Bali Spa Guide
2015

"Best
Medical Spa
in the World"

IMTJ Award,
London, 2015

"Best Luxury
Medical Spa
Asia"

Worlds Spa Awards
2014

"Best
Medical Spa
in Asia"

Asia Spa Awards
2014

"Best Spa
in Bali"

Yak Awards
2013

AESTHETIC FACIAL EXPERIENCES

LED RED LIGHT THERAPY

LED therapy uses low-intensity light-emitting diodes (LEDs) in a process similar to photosynthesis (in which plants use chlorophyll to convert sunlight into cellular building blocks). The light stimulates the production of collagen and elastin, suppressing collagenase, the enzyme that breaks down collagen and accelerates ageing.

The Bio-Synthesis system uses the latest technology and treatment principles that stem from extensive research, data and efficacy studies on photosynthesis conducted by NASA.

30 mins / USD 120



GALVANIC IONTOPHORESIS

Galvanic Iontophoresis therapy involves the use of mild electric currents, consisting of positive and negative ions, to refresh, stimulate and rejuvenate the skin. It uses iontophoresis to transport electronically charged particles (ions) into the skin. This advanced therapy promotes the absorption of products used on the skin, driving them deeper into the pores to increase hydration, circulation, radiance and firming. This helps reduce the appearance of fine lines and wrinkles, and gives a dewy fresh appearance. Recommended for most skin types, including sensitive skin.

30 mins / USD 140



AESTHETIC FACIAL EXPERIENCES

DERMAPEN MICRONEEDLING

Erase your skin's history and try one of the most popular ANTI-AGING treatments in the world. Microneedling has been used for centuries to produce microscopic channels as a way to regenerate skin cells and improve skin texture. Dermapen is an advanced skin needling treatment that increases collagen production and skin regeneration. It also increases product absorption x 1000. Dermapen increases collagen production up to 400% and leads to reorganisation of old collagen fibres and laying down of new collagen, elastin, and capillaries. It can also reduce the appearance of scars, wrinkles and lines.

1.5 hours / USD 380



PLATELET RICH PLASMA

The 'Vampire Facial' is popular for those seeking a natural method to rejuvenate their skin and stimulate healing. PRP is tissue regeneration with your own blood cells. Your blood platelets are harvested and treated to extract growth factors and specialised cells involved in the healing process (post-injury) and cell regeneration. This concentrated plasma is enriched with your own platelets, growth factors and natural stem cells. Platelets are blood cells with several crucial functions. They contain important growth factors that, when secreted, are responsible for tissue regeneration, increasing collagen production, initiating vascular re-growth, inducing cell differentiation and extra-cellular matrix formation. Growth factors and stem cells also increase cellular turnover and collagen production, which promotes youthful, glowing and radiant skin. When growth factors are stimulated by a PRP treatment, collagen production is boosted, helping to improve the appearance of age-related skin damage, including wrinkles, scarring and fine lines.

1.5 hours / USD 380



AESTHETIC FACIAL EXPERIENCES

HYDRAFACIAL

Discover the world's finest and high-calibre facial to transform your skin. A 6-step system with a cocktail of technologies to improve skin hydration, firmness, texture and tone, and reduce the appearance of wrinkles and fine lines. Relaxing and pain free.

- High frequency peel for deep exfoliation
- Oxygen infusion with atomising spray
- Skin tightening with radio frequency
- Deep cleanse with hydradermabrasion
- Nourishing the skin with nutrients and ultrasound technology
- Collagen remodelling with multi polar microcurrent

40 mins / USD 160



CLEOPATRA 24 CARAT GOLD AND COLLAGEN FACIAL

Hydrafacial: **Exfoliation high frequency, Oxygen Infusion, Radio Frequency, LED Enlightenment Facial.** The most luxury mask of all: 24 Carat Gold Brightening Peel off Mask.

Finish active anti-aging skin care (made in Spain): selected for your skin type and needs, including: Skin Superfood, EGF Serum, Xtreme Cream Moisturiser, or DNA Peptide Collagen Serum.

1 hours / USD 250

- **High frequency peel for deep exfoliation**
- **Oxygen infusion with atomising spray**
- **Skin tightening with radio frequency**
- LED Red Light Therapy
- 24 Carat Gold Brightening Peel off Mask
- Anti-aging skin care: Superfood, cream, moisturiser or serum



AESTHETIC FACIAL EXPERIENCES

BIO CELL FACIAL

The powerful PRP (active stem cells cultured from your own blood) repairs cells and encourages the growth of new ones. The treatment also includes a LED Red Light Therapy to stimulate the growth of new collagen. The treatment cleans, exfoliates, tightens and hydrates, so it's a one-stop treatment for anti-aging, revealing firmer, fresher and more youthful skin.

- Hydrafacial
- PRP Cell Rejuvenation
- Galvanic Infusion
- LED Red Light Therapy
- Active anti-aging serum and moisturiser

1.5 hours / USD 610



PLATINUM NON-SURGICAL LIFT AND FIRM

An advanced non-surgical lifting facial offering anti-aging, prevention, and skin firming benefits. The Hydrafacial includes deep exfoliation and cleansing together with infusion of nutrients using oxygen nano spray and ultrasound. Radio Frequency technology remodels the skin and reduces the effect of aging skin like wrinkles, fine lines and saggy skin. The Galvanic Iontophoresis energy stimulates the formation of new collagen and improves skin elasticity, while the LED Red Light Therapy, Gold Collagen Mask will leave skin glowing, hydrated and radiant. Finish with anti-aging skincare made in Spain, that is personalised to your skin concerns, with active ingredients including collagen, peptides, retinol, hyaluronic acid and epidermal growth factors.

- Hydrafacial
- Galvanic Iontophoresis Facial
- LED Red Light Therapy
- Gold Collagen Mask
- Active Anti-aging serum and moisturiser

1.5 hours / USD 380



All prices are subject to 10% service charge and 16% government taxes.

AESTHETIC FACIAL EXPERIENCES

MESO-NEEDLING FACIAL

Achieve smoother and younger-looking skin with this rejuvenating facial treatment that penetrates deep into the skin, treating fine lines and wrinkles, improving texture and colour, and stimulating collagen growth. The Dermapen's multiple, vibrating needles pierce the skin several hundred times per minute to enhance results. The deeply hydrating Gold Collagen Mask and LED Red Light Therapy promotes additional collagen production. Finish with Cocoon's active anti-aging skin care (made in Spain): selected for your skin type and needs, including: Skin Superfood, EGF Serum, Xtreme Cream Moisturiser, or DNA Peptide Collagen Serum.

- Diamond Microdermabrasion
- Dermapen Microneedling
- LED Red Light Therapy
- Gold Collagen Mask
- Active anti-aging serum and moisturiser

2 hours / USD 480



Level-up your facials or massage therapies:

CHAKRA CRYSTAL AMETHYST PEMF BIOMAT

(in combination with any therapy)

Combine with your massage or facial for a transformative wellness experience. Surrender into deep relaxation, calm and ease.

Benefits include:

- Enhances the body's natural recovery process.
- Stimulates and exercises cells to recharge cells.
- Reduces inflammation and pain.
- Corrects cellular dysfunction throughout the body.
- Increases energy naturally.
- Helps you recover from an injury faster.
- Improves athletic performance.
- Improves sleep.

USD 50



ANTI-AGING FACIAL EXPERIENCES

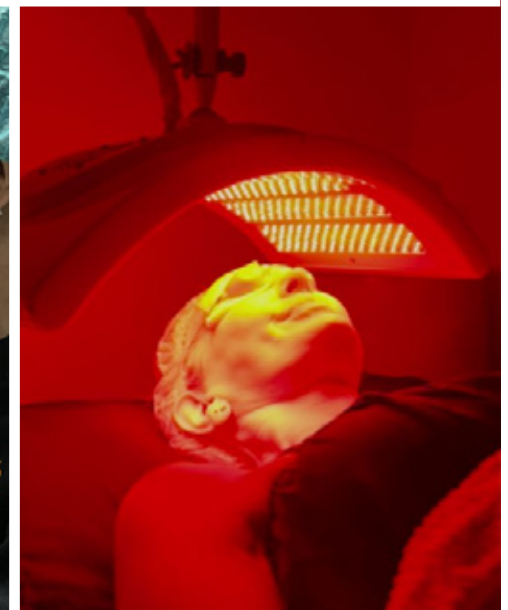
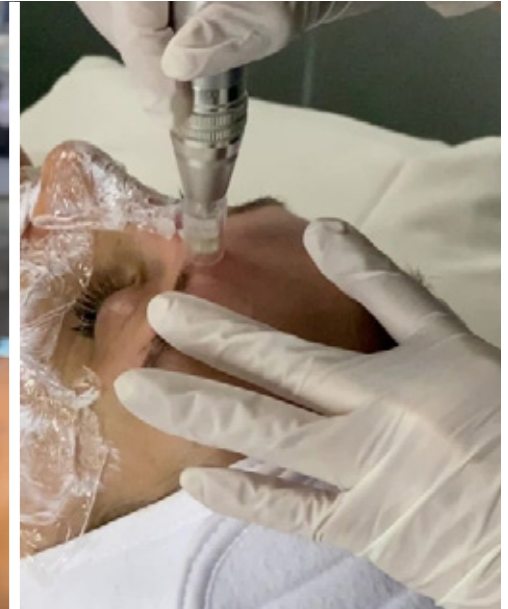
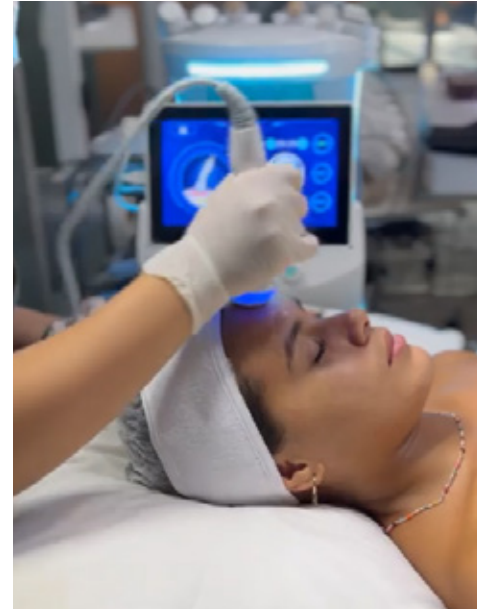
NAKED SKIN

Winner of the "Best Anti-Aging Treatment" at the Asia Spa awards, and our most popular treatment much loved by clients, this facial is designed to reveal your best skin ever. Naked Skin clears and brightens the skin naturally so you can go makeup-free every day.

The experience includes four treatments that target different levels and resolves different problems including reducing pigmentation, fine lines and wrinkles, large pores and acne scarring. It renews the skin and promotes the growth of collagen naturally, in a process called 'collagenisation'. Finish with Cocoon's active anti-aging skin care (made in Spain): selected for your skin type and needs, including: Skin Superfood, EGF Serum, Xtreme Cream Moisturiser, or DNA Peptide Collagen Serum.

- Hydrafacial
- Dermapen
- PRP Cell Rejuvenation
- LED Red Light Therapy
- Anti-aging serum and moisturiser

2 hours / USD 860



ANTI-AGING FACIAL EXPERIENCES

MARINE PEPTIDE BRIGHTENING FACIAL

A pick-me-up brightening facial that clears impurities and deeply hydrates the skin.

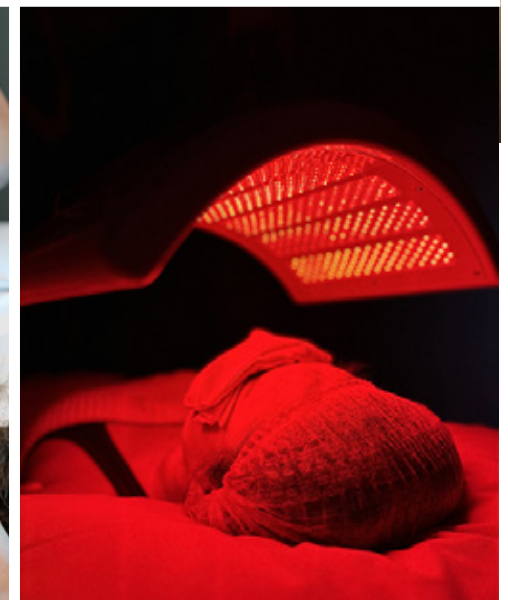
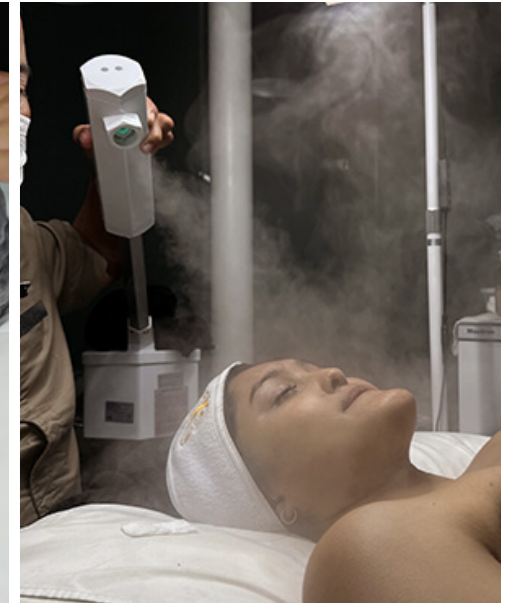
Cocoon's signature facial rejuvenates skin and visibly reduces imperfections. This facial is perfect for congested skins with blackheads and whiteheads caused by pollution or stress. After a deep cleanse and facial massage, clogged pores are manually extracted under a steamer.

The High Frequency and LED Red Light Therapy calms skin and has anti-bacterial properties to prevent future breakouts. An Algae Peel-Off Mask further extracts any remaining impurities. Once the skin is thoroughly cleansed, hydrating serum and moisturiser are applied to stimulate the growth of new skin cells promoting a smoother, tighter and brighter complexion.

The treatment consists of:

- Deep Clean + Toner
- Facial Massage
- Steam Extraction
- High Frequency
- LED Red Light Therapy
- Algae Peel-Off Mask
- Active anti-aging serum and moisturiser

1.5 hours / USD 270



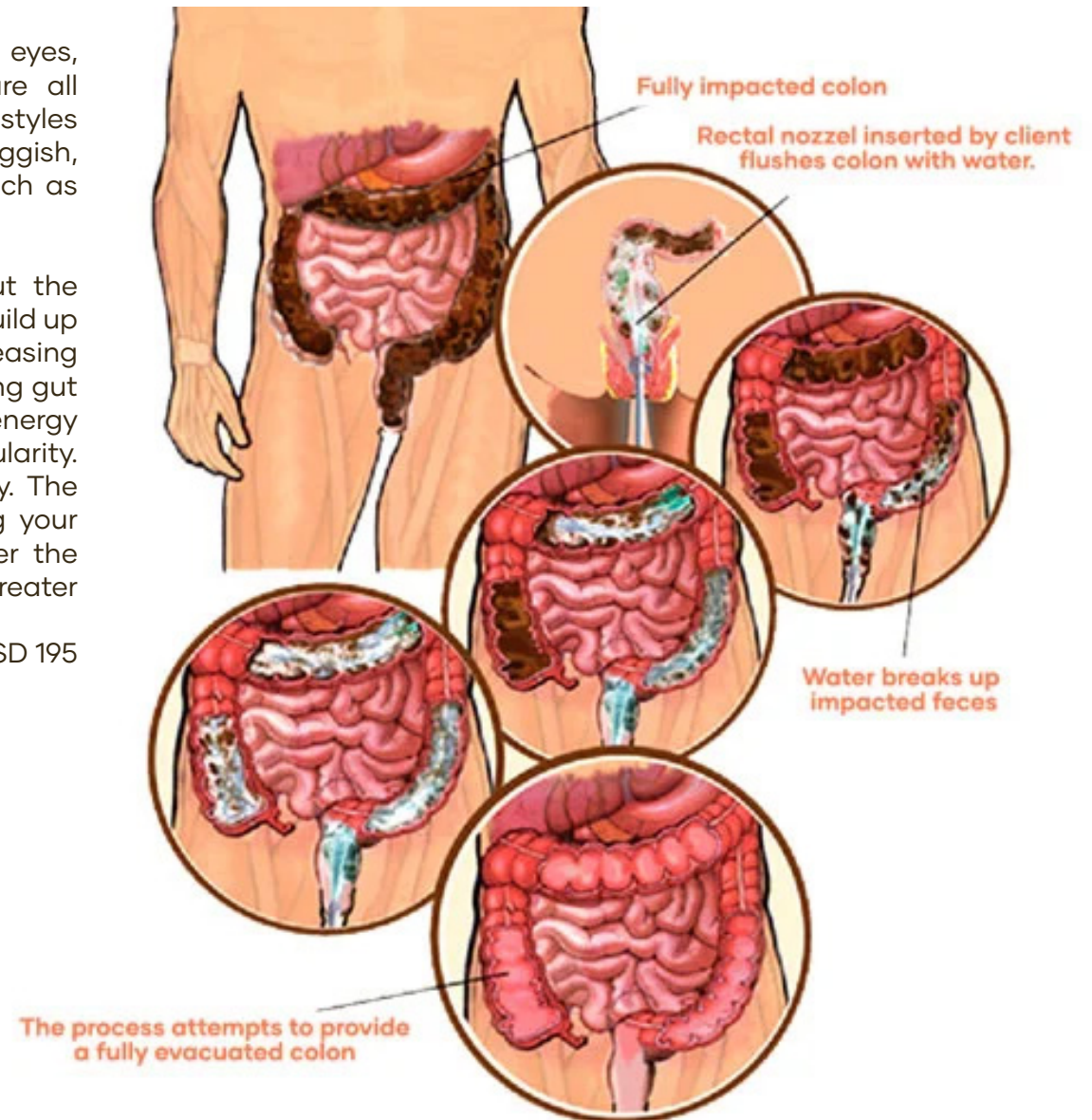
WELLNESS, DETOX AND BODY CONTOURING

COLON HYDROTHERAPY

Do you suffer from bloating, constipation, dark circles under the eyes, tiredness, fatigue, indigestion, headaches, or nausea? These are all symptoms of an underactive and clogged bowel. With our modern lifestyles and unhealthy diets, our digestive systems tend to become sluggish, affecting the elimination of waste which can lead to problems such as constipation, IBS, extreme fatigue and premature aging.

Colon Hydrotherapy is ideal for cleansing the colon, flushing out the impacted matter, toxic wastes, yeasts and other undesirables that build up over time. In doing so, your internal system is instantly hydrated increasing bowel mobility and improving nutrient absorption, as well as replacing gut bacteria, contributing to liver, blood and kidney cleansing, raising energy levels, managing the symptoms of IBS and restoring bowel regularity. Cocoon Medical Spa uses a closed system for colon hydrotherapy. The treatment is gentle and involves your expert therapist massaging your stomach. It is relaxing and you will feel completely cleansed after the treatment. Results include dewy skin, better fitting clothes and a greater sense of wellbeing.

1 hour / USD 195



WELLNESS, DETOX AND BODY CONTOURING

VELASHAPE FAT BLAST

This is a fast, safe and effective weight loss solution offering a harmonious blend of the latest scientific technologies to remove stubborn fat that diet and exercise alone are unable to shift. This treatment reduces cellulite, shapes and firms the skin resulting in a reduction of body fat from abdomen, hips, thighs, and arm areas. The advanced treatment works by using a combination of technologies, including cavitation and radio frequency to target and destroy fat cells, while normal body tissue remains unaffected. Once fat cells are broken down, they are naturally removed through the body's normal elimination process. Expect results with just one session.

- Eliminate stubborn fat
- Reshape 'problem' areas
- Perfect for those last pockets of fat that diet and exercise alone simply cannot move
- No downtime: the fat blaster is a walk-in, walk-out procedure and you may resume your normal routine the same day

1 AREA / USD 250
2 AREAS / USD 480
3 AREAS / USD 600



WELLNESS, DETOX AND BODY CONTOURING

VITAMIN IV NUTRIENT THERAPIES GLOW FROM THE INSIDE

ABOUT IV DRIP

If you're looking to boost your immune health, vitamin IV infusions are a great way to start, especially for people who don't respond well to oral supplementation. Vitamin IVs have been around for decades but have recently procured fame after celebrities starting using these to boost their "get up and go" lifestyles. The treatment can treat several conditions such as fatigue, depression, alcohol hangovers, and migraines.

HOW VITAMIN IV WORKS

Packed of vitamins, amino acids, minerals, and other vital nutrients are administered intravenously while you relax to optimize your overall well-being. The advantage of this is that higher levels of nutrients can often be introduced into the body (at 100% absorption rate) than would be possible if taken orally (which is usually 10%-30%)

WHAT TO EXPECT

The IV Drips have two options between 30 minutes or 60 minutes during which time the guest may combine another treatment or just relax in the comfort of your own villa. The benefits are immense and very noticeable, most people report better appetites, glowing skin, increased energy, sleep improvement and even help with pain management.

VITAMIN IV PACKAGES

MYER'S COCKTAIL

Hydration + Energizing + Strengthening

One of the most popular formula in IV vitamin therapy.

Consist of high doses of vitamin C mixed with saline solution to effectively boost the immune system, increased energy, and cells regeneration.

USD 190



WELLNESS, DETOX AND BODY CONTOURING

ADD-ON NUTRIENTS

Enhance your vitamin IV therapies with the following powerful add-on nutrients. Pick and choose your supplements to create a cocktail perfectly calibrated to meet your individual needs.

ALPHA LIPOIC ACID + COLLAGEN

Has strong antioxidant properties, to reduce inflammation and skin aging, promote healthy nerve function, lower heart disease risk factors, and slow the progression of memory loss disorders.

USD 65

SELENIUM

Is an essential mineral that vital to your health as it acts as a powerful antioxidant to maintain the health of thyroid hormone metabolism and DNA synthesis and protecting the body from oxidative damage and infection. It also improves the sleeping quality.

USD 50

ZINC

Zinc is a mineral that is essential for many of the body's normal functions and systems, including the immune system, increase energy level, skin repair, wound healing, blood clotting, thyroid function, and the senses of taste and smell, Zinc also supports normal growth and development during pregnancy, childhood, and adolescence.

USD 50

VITAMIN B COMPLEX (B1, B6, B12)

One of the most important play roles for cellular energy production and excellent support of the healthy functioning of the nervous system, kidneys, liver & heart. It highly contains antioxidant and improve the blood circulation and increase red blood cells.

USD 50

SALINE 500ML

Replenish lost fluids, flush wounds, deliver medications, electrolyte balancing and hangover.

USD 50

MAGNESIUM

Is a mineral that's crucial to the body's function. Magnesium helps keep blood pressure normal, support nerves and muscle functions, bones strong, and the heart rhythm steady.

USD 50

GLUTATHIONE

An antioxidant that plays several important roles in the body such as tissue building and repair, skin glowing, detoxification, and the production of enzymes and hormones. It also plays a key role in the immune system.

USD 50



WELLNESS AND AESTHETIC PROGRAMMES

COMPLETE DEEP CLEANSING AND PURIFYING FACIAL

This professional deep-acting treatment will give you a complete deep cleanse and hydration. A guaranteed safe and effective way of exfoliating the skin that will help activate natural cell renewal, collagen production, and oxygenation to awaken tired, sallow, and dull skin.

Choose any of the following packages for an excellent aesthetic experience programme. Enhance your treatment with Diamond Microdensitometer and LED Red Light Light Therapy that helps diminish fine lines, wrinkles and brightens the overall complexion, giving the skin back its natural radiance and glow.

* SILVER PACKAGE

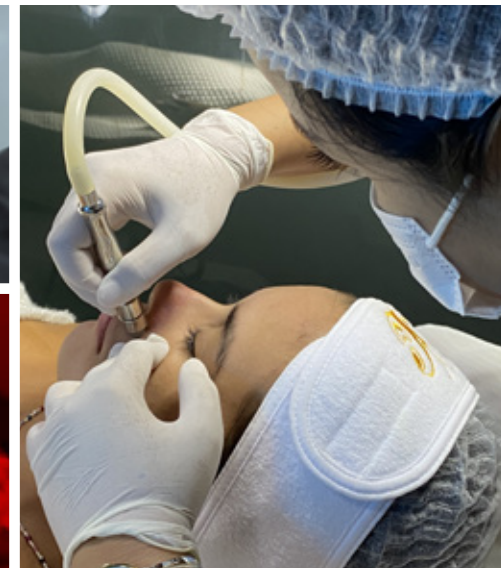
- Facial Massage
- Deep Cleanse
- Gold Collagen Hyaluronic Acid Mask
- Oxygen Therapy

60 mins / USD 180

* GOLD PACKAGE

- Facial Massage
- Deep Cleanse
- Gold Collagen Hyaluronic Acid Mask
- Oxygen Therapy
- Diamond Microdermabrasion
- LED Red Light Therapy

90 mins / USD 250



WELLNESS AND AESTHETIC PROGRAMMES

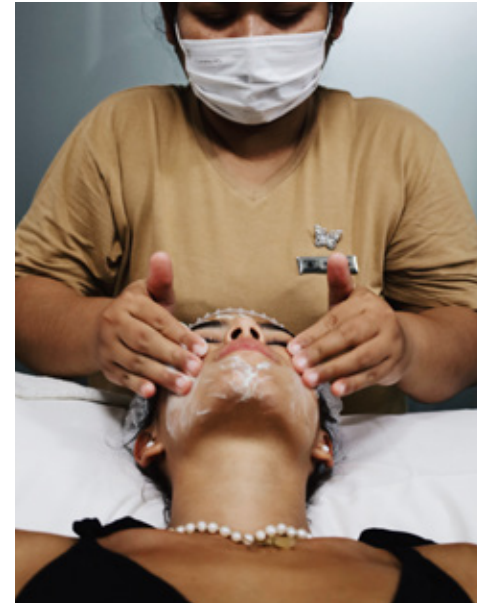
ACNE CLARIFYING FACIAL

This facial is designed especially for active acne or congested skin, helping to reduce and control breakouts. The facial starts with deep cleansing with a glycolic facial wash which balances oil production and reduces excess sebum. The LED blue light technology is antibacterial and calms inflammations.

A few sessions are recommended together with a clean diet and lots of water to improve the skin congestion and texture.

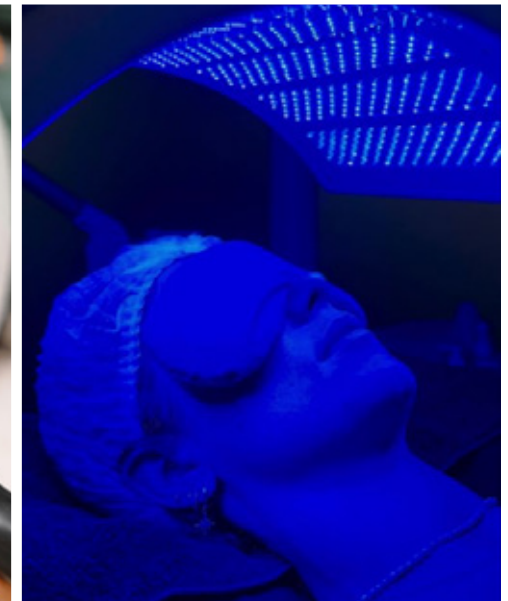
- Facial massage
- Face steam
- Manual extraction and deep clean
- Glycolic facial wash and deep clean
- LED Blue Light facial.

60 mins / U SD 250



BEFORE

AFTER



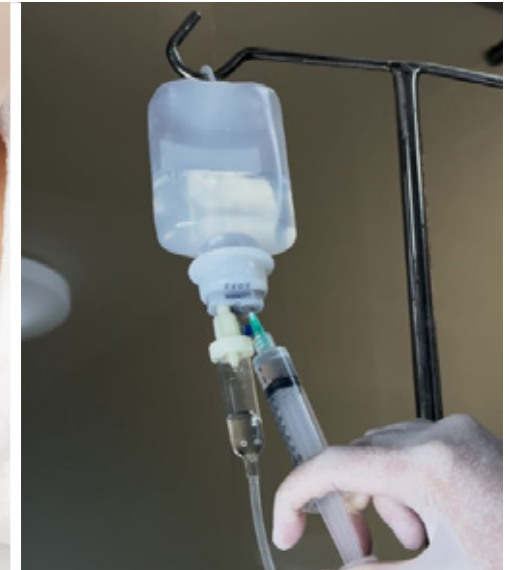
WELLNESS AND AESTHETIC PROGRAMMES

WELLNESS THERAPY

This treatment provides your body with the complete essential nutritional needs and detoxes from harmful toxins found in food and the environment. The Vitamin IV Infusion provides 100% bioavailability as it bypasses the gastrointestinal tract, allowing for full absorption of nutrients. In just a few hours, your body will be completely hydrated and detoxed, enhancing energy levels, strengthening the immune system, and promoting anti-aging.

- Colon Hydrotherapy
- Vitamin IV Detox and Recharge Infusion (Vitamins C, B Complex, Glutathione)

90 mins / USD 405



SLIM & SHAPE

Cocoon's comprehensive programme is a combination of the latest non-invasive scientific technology for fat loss.

After two appointments of slimming massage and Velashape, the fat cells will break off into the body's waste system, followed by colon hydrotherapy which will cleanse and purge these fat cells.

An excellent programme for reducing cellulite, shaping and firming skin and for spot fat reduction in problem areas such as abdomen, hips and thighs.

- | | |
|--------|------------------------------------|
| Day 1: | 90 min slimming massage |
| Day 2: | Velashape Fat Blast in three areas |
| Day 3: | Colon Hydrotherapy |

USD 895



WELLNESS AND AESTHETIC PROGRAMMES

DETOX & GLOW

Feel cleansed and glowing from the inside out!

Treat yourself to a few days of pure wellness and return home with that special "holiday glow".

The colon cleansing purges your body of toxins, the Vitamin IV Infusion boosts your immune system and restores all essential vitamins and minerals and detoxes your organs.

Finally, the purifying facial deeply hydrates for a deep cleanse. Hyaluronic acid and collagen are infused with a luxurious gold mask.

This programme will rid bloating and tiredness, leaving you feeling cleansed, energetic and healthy.

- Day 1: Colon Hydrotherapy
 Day 2: Vitamin IV Detox and Recharge Infusion
 (Vitamins C, B Complex, Glutathione)
 Foot Massage
 Day 3: Silver Package: Facial Massage for Deep Cleanse
 Gold Collagen Hyaluronic Acid Mask
 Oxygen Therapy

USD 700



WELLNESS AND AESTHETIC PROGRAMMES

MAYA MASASAGE

The Maya Abdominal Massage is a gentle yet effective technique that focuses solely on the abdomen. It aims to promote better circulation, alleviate digestive discomfort, and support the body's natural balance. This traditional therapy can help improve organ alignment and overall abdominal health. Ideal for relaxation and revitalization, it offers a holistic approach to wellness.

45 mins / USD 175



MAYA MASSAGE WITH COLON HYDROTHERAPY

The Maya Abdominal Massage is a specialized technique designed to complement Colon Hydrotherapy by supporting the release of waste products from the body. This gentle massage focuses on the abdomen, stimulating circulation and aiding in the movement of the digestive system. By promoting better alignment and relaxation of abdominal organs, it enhances the effectiveness of Colon Hydrotherapy, encouraging optimal detoxification and overall wellness.

45 mins / USD 350





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